


Family Pool Schedule

January 8 - February 18 2018

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
7:30-8:30am	Open	7:30-9:00am	Open	7:30-8:30am	Open	7:30-9:00am	Open	7:30-8:30am	Open
8:30am-9:15am	Y Arthritis Water Fitness	9:00am-9:45am	Y Arthritis Water Fitness	8:30am-9:15am	Y Arthritis Water Fitness	9:00am-9:45am	Y Arthritis Water Fitness	8:30am-9:15am	Y Arthritis Water Fitness
9:15am-10:15am 10:15-11:10am	2/3 Open Open	9:45am-10:15am	2/3 Open	9:15am-10:10am 10:10am-10:30am 10:30am-12:00 noon	Open 2/3 Open Open	9:45-11:15am	Open	9:15am-10:15am	Lessons
11:10am-11:50am	Lessons	10:20am-11:50am	Lessons	12-1pm	Lessons	11:15am-1:45pm	Lessons	10:15am-12 noon	Open
11:50am-4:30pm	Open	11:50pm-3:00pm 3:00pm-3:30pm 3:30pm-4:30pm	Open 2/3 Open Open	1:30pm-1:45pm 1:45pm-3:30pm 3:00pm-3:30pm 3:30pm-4:30pm	2/3 Open Open 2/3 Open Open	1:45pm-3:00pm 3:00pm-3:30pm 3:30pm-4:30pm	Open 2/3 Open Open	12:00-12:50pm	Lessons
4:30pm-7:00pm	Lessons	4:30pm-8:00pm	Lessons/Fitness	4:30pm-7:00pm	Lessons	4:30pm-8:00pm	Lessons/Fitness	12:50pm-3:00pm 3:00pm-3:30pm	Open 2/3 Open
7:00pm-8:30pm	Open	8:00pm-8:30pm	Open	7:00pm-8:30pm	Open	8:00pm-8:30pm	Open	3:30-9pm	Open

The above schedule notes the activities in the pool during weekday hours. Members are always welcome to use the pool during scheduled activities however, please be aware space may be limited due to swim lessons and water fitness.

CONTACT	* Children under 8 years of age must have an adult in the water within an arm's reach at all times.	* Children ages 8-11 MUST have an adult on deck.	FAMILY & LAP POOL RULES
Aquatics Director:			<ul style="list-style-type: none"> * Appropriate lined swim suits/trunks MANDATORY. * No flips, spins, backward jumps/dives allowed * No excessive breath holding allowed. * No horseplay, dunking, or throwing of children. * No use of profanity. * No street shoes allowed on deck. * NO food or drink allowed on deck. * Flotation aids must be lifeguard approved. No inflatables allowed.. * Failure to follow rules may result in expulsion. * Non-toilet trained must wear swim diapers and a bathing suit. <p style="text-align: center;">Lifeguards have final discretion in rule enforcement.</p>
Aquatics Team Lead: Jill Williams 847-410-5206	SATURDAY	SUNDAY	
Head Swim Team: Coach Darby Brtva 847-410-5234	FAMILY POOL CLOSED until 12:00PM (Noon)	FAMILY POOL CLOSED until 12:00PM (Noon)	
Member Service Desk 847-359-2400	FAMILY POOL OPEN 12:00pm-6:30pm	FAMILY POOL OPEN 12:00pm-5:30pm	
FAMILY POOL HOURS MONDAY - THURSDAY 7:30am-8:30pm FRIDAY 7:30am-9:00pm SATURDAY 12:00pm-6:30pm SUNDAY 12:00pm-5:30pm			
	Buehler YMCA 1400 W. Northwest Highway Palatine, IL 60067		